

Arts & Crafts

Anyone Can Draw **NEW!**

Draw along with Jean as she demonstrates how to draw a variety of objects. Learn to easily calculate proportions, perspective, establish values, replicate contours and compose a successful drawing. Develop skills in drawing textures, animals, elements in nature using graphite pencils, ink and ink washes. This is an easy to follow class with lots of individual attention, drawing is easier then you thought!

Supply list available at PKCC • Instructor: Jean Pratt Beouy
Location: PKCC • 6 classes • No class 9/18
Resident \$98 / Non-Resident \$118

Thur	6–9pm	Sept 4–Oct 16	42714
Thur	6–9pm	Feb 19–Mar 26	42715

Watercolor Painting

Whether you are a beginner or advanced painter, you will enjoy learning techniques for a successful painting. Jean demonstrates every step and provides individual assistance to all. Working from photo references provided by instructor, you will paint still life, florals, landscapes/seascapes, animals and more.

Supply list available at PKCC • Instructor: Jean Pratt Beouy
Location: PKCC • 8 classes • No class 12/22, 12/29, 1/19, 2/16
Resident \$130 / Non-Resident \$156

Mon	6–9pm	Sept 8–Oct 27	42716
Mon	6–9pm	Nov 3–Jan 5	42717
Mon	6–9pm	Jan 12–Mar 16	42718

Oil Painting the Easy Way

Paint along as Jean demonstrates the entire painting and provides individual assistance. Your own style will emerge as you paint many subjects from still life to landscapes to florals. You will quickly learn composition, color mixing, brush use, establishing depth and more. This class offers something for all levels.

Supply list available at PKCC • Instructor: Jean Pratt Beouy
Location: PKCC • 8 classes • No class 11/11, 12/23, 12/30
Resident \$130 / Non-Resident \$156

Tue	5:30–8:30pm	Sept 2–Oct 21	42720
Tue	5:30–8:30pm	Oct 28–Jan 6	42721
Tue	5:30–8:30pm	Jan 13–Mar 3	42722
Tue	5:30–8:30pm	Mar 10–Apr 28	42723

Beginning Watercolor Workshop

This is for students with no experience or those needing instruction in the basic elements of watercolor painting. This class will cover basic washes, brush strokes, composition, color, values and planning to make a successful painting.

Supply list available at PKCC • Location: PKCC
Instructor: Pat Tuton • Supply fee \$3 • 2 classes
Resident \$22 / Non-Resident \$26

Fri	9:30am–12pm	Sept 5–12	42829
Fri	9:30am–12pm	Jan 9–16	42830

Mixed Watercolor Media Painting (Intermediate Level)

More artists these days are combining 2 or more different mediums to achieve interesting and unique effects. Learn how to explore, expand and enjoy these techniques while also focusing on basic painting concepts and see how different media interact.

Come prepared to paint! (No oil painting) • Supply list available at PKCC • Supply fee \$3 • Prerequisite: Beginning Watercolor or Workshop • Location: PKCC • 5 classes
Instructor: Pat Tuton • Resident \$55 / Non-Resident \$66

Fri	9:30am–12pm	Sept 19–Oct 17	42831
Fri	9:30am–12pm	Jan 23–Feb 20	42832

Jewelry Making **NEW!**

Jewelry delights the eyes and soul and can be just as fun to make. Join this basic level class to be introduced to beading, invisible spool knitting and basic metalsmithing. Our instructors are career artisans who take joy in teaching technique and the fine art of jewelry making.

Class offered in partnership with the Kirkland Arts Center
Supply list available www.kirklandartscenter.org
Location: PKCC • 6 classes • No class 11/27
Resident \$98 / Non-Resident \$118

Thur	6–9pm	Oct 23–Dec 4	42997
Thur	6–9pm	Jan 8–Feb 12	43003

Beginning/Intermediate Drawing with Pastels

Learn to use the brilliant glowing colors of pastels to draw creatively, while learning techniques of this versatile medium. This class is designed for beginning and intermediate students. Continuing students should bring a project to work on.

Supply list available at PKCC • Instructor: Louise Arntson
Location: PKCC

4 classes • Resident \$30 / Non-Resident \$36

Wed	10am–12pm	Sept 3–24	42724
Wed	10am–12pm	Oct 1–22	42725
Wed	10am–12pm	Feb 4–25	42726
Wed	10am–12pm	Mar 4–25	42727

3 classes • Resident \$23 / Non-Resident \$28

Wed	10am–12pm	Nov 5–19	42728
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Advanced Drawing with Pastels

Create beautiful scenes through the application of good drawing skills, ideas and special techniques of pastel painting. Prerequisite: Drawing with Pastels for Beginners or prior experience.

Supply list available at PKCC • Instructor: Louise Arntson
Location: PKCC

4 classes • Resident \$30 / Non-Resident \$36

Wed	1–3pm	Sept 3–24	42729
Wed	1–3pm	Oct 1–22	42730
Wed	1–3pm	Feb 4–25	42732
Wed	1–3pm	Mar 4–25	42733

3 classes • Resident \$23 / Non-Resident \$28

Wed	1–3pm	Nov 5–19	42731
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Adult Special Interest

Ikebana: The Art of Japanese Flower Arranging

Experience the world of Ikebana and learn how to make simple and elegant arrangements with relatively few floral materials—a real “plus” in today’s economic climate. Students will learn concepts of line, space, mass, color, texture and more while creating basic styles of moribana (shallow vase) and nageire (tall vase) arrangements.

Taught by Diane Elliott, a certified instructor with the Sogetsu School of Ikebana. Location: PKCC.

Fee for floral materials \$32 paid to instructor on first day of class. Please bring flower scissors, a broad, shallow vase and a large kenzan (flower frog) to first class.

Location: PKCC Instructor: Diane Elliott

Free demonstration

Wed	6:30–7:30pm	Oct 15	42977
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4 classes • Resident \$64 / Non-Resident \$72

Wed	6:30–8:30pm	Oct 22–Nov 12	42975
Wed	6:30–8:30pm	Feb 18–Mar 11	42976

For more day time art classes
see page 57

Music

Beginning Guitar Turbo Charged!

12 years to Adult

This fast-paced course covers all the basics—from tuning and strumming, all the way up to common chord progressions. Learn major, minor and 7th chords, basic rhythms and beginning theory. Good for acoustic styles. Must be at least 12 years old at the start of class.

Student must provide their own instrument • Instructor: Scott Lawson • Location: NKCC • 8 weeks • No class 2/16
Resident \$98 / Non-Resident \$118

Ages 12 to 15 yrs

Mon	5:15–6:15pm	Sept 15–Nov 3	43476
Mon	5:15–6:15pm	Jan 26–Mar 23	43478

Ages 16 yrs to Adult

Mon	6:30–7:30pm	Sept 15–Nov 3	43477
Mon	6:30–7:30pm	Jan 26–Mar 23	43479

Photography

Digital Photography from A to F-Stop

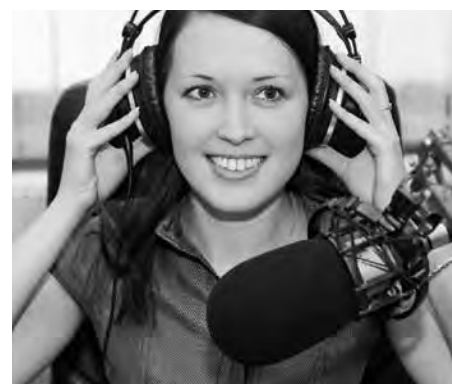
If you are interested in taking better photographs and improving your photo skills with your iPhone, Point and Shoot camera, iPad or a DSLR interchangeable lens camera, you will enjoy this class. You will learn to confidently turn your automatic settings off and use other techniques to capture creative photographs through the use of shutter speed, aperture control, and various mode settings. Bring your digital camera, owner’s manual and several of your digital photographs to class on a SD or CF card, flash drive, CD or DVD. Included in the topics to be covered are:

- Correcting red eye • Optical & digital zooming • Default, mode & resolution settings • When to use ISO, F/Stop, and Shutter Speed settings • Solving the mystery of megapixels—capturing vs. printing • How to meter correctly for proper exposure • Software for optimizing and editing your photographs • Storing, organizing, and displaying your digital photos • Digitizing your older film slides and prints • Traveling with your digital camera • Photo composition and light balance.

Duke Coonrad, is an award winning photographer & has over 30 years of photography experience. His publications include local and national calendars, magazines, and newspapers including the Seattle PI, Kirkland Reporter, Seattle Times and Mercer Island Reporter.

Location: PKCC • Resident \$45 / Non-Resident \$54

Thur	6:30–9:30pm	Dec 4	42839
Wed	6:30–9:30pm	Mar 25	42840



Voice-Overs

Voice-Overs... Now is your time!

YOU’VE HEARD LISA FOSTER ON TV AND RADIO COMMERCIALS! Now hear Lisa LIVE as she illustrates how YOU could actually begin using your speaking voice for commercials, films, and videos! Most people go about it the wrong way. Lisa will show you a unique, outside the box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer that you’ve been looking for!

Lisa Foster’s voice can be heard on commercials and narrations for such clients as: Crest Toothpaste, Olay, Café Appassionato, LA Weight Loss, Advanced Laser Clinics and Sleep Train.

Location: NKCC • Resident \$37 / Non-Resident \$44

Tue	6:30–8:30pm	Nov 18	43564
Tue	6:30–8:30pm	Jan 27	43565

Language

Introduction to Spanish

¿Habla Español? Learn to speak, read and write Spanish using basic vocabulary in the present tense.

Yolanda Von Diesl has been teaching language classes for over 25 years and is fluent in Spanish, French, Norwegian, Italian and German.

*This class uses "Dos Mundos 6th Edition, please bring book, pen and paper to class • Location: PKCC • 5 classes
No class 1/19 & 2/16 • Resident \$38 / Non-Resident \$46*

Mon	1:30–3pm	Sept 8–Oct 6	42735
Mon	1:30–3pm	Jan 12–Feb 23	42736
Mon	1:30–3pm	Mar 2–30	42739

Continuing Spanish

Now that you know the basics, here's the opportunity to expand your vocabulary and increase conversational skills.

Yolanda Van Diesl is fluent in 6 foreign languages and has been teaching for over 25 years.

*This class uses "Dos Mundos 6th Edition, please bring book, pen and paper to class • Location: PKCC • 5 classes
Resident \$38 / Non-Resident \$46*

Wed	1:30–3pm	Sept 10–Oct 8	42740
Wed	1:30–3pm	Jan 14–Feb 11	42742
Wed	1:30–3pm	Feb 25–Mar 25	42743

French for Adults **NEW!**

Ages 18 to adult

Guided by a native speaker, become comfortable navigating through basic daily interactions and conversations in French... Get exposed to French culture, basic grammar and vocabulary, and be ready for your next trip to France.

Instructor: Frederique Battestini of Polly-Glots

Location: NKCC • 10 weeks • No class 2/14

Resident \$168 / Non-Resident \$202

Sat	11am–12pm	Sept 13–Nov 15	43566
Sat	11am–12pm	Jan 17–Mar 28	43567



Computers

Introduction to iPad

Want to learn how to use your iPad to its fullest potential? Then this class is for you! Learn how to use Siri, email, keyboard shortcuts, and the calendar and clock functions as well as how to take pictures and use a photo app. You will also, learn how to download app, books and magazines.

*Location: PKCC • Instructor: Doris Ford • 2 classes
\$5 lab fee per class is collected at time of registration
Participants must provide their own iPad*

*Sr-Resident \$23 / Sr Non-Resident \$28
Non-Sr Resident \$33 / Non-Sr Non-Resident \$40*

Wed	8:45–10:45am	Sept 10–17	42744
Fri	8:45–10:45am	Oct 17–24	42988
Wed	8:45–10:45am	Jan 21–28	42989
Fri	8:45–10:45am	Feb 6–13	42990

Windows 8 classes now available!
See page 61 for more details.

One-on-One Computer Assistance

Baffled by your software program? Uncomfortable asking questions in class? Can't figure out that new digital camera? Need to create a customized database or query? Enjoy one-on-one tutoring with Doris Ford! Here is a fabulous opportunity to improve your computer skills and enhance your equipment knowledge.

*Advanced registration required, call 425.587.3360
Resident \$30 / Non-Resident \$36
\$5 lab fee per class is collected at time of registration*

Return to Work Series

Build fundamental job-seeking skills in Word, Excel, and PowerPoint to reenter the workforce.

Return to Work: Excel

Learn to customize the quick access menu, work with multiple worksheets, apply absolute and relative cell references, understand and perform calculations, use a pivot table and create what if worksheets. Sharpen your math skills by building fundamental job-seeking skills in Excel.

*Location: PKCC • Instructor: Doris Ford • 4 classes
No class 2/16 • \$5 lab fee per class is collected at time of registration*

*Sr-Resident \$46 / Sr Non-Resident \$55
Non-Sr Resident \$65 / Non-Sr Non-Resident \$78*

Mon	12:30–2:30pm	Sept 8–29	42745
Mon	10am–12pm	Feb 23–Mar 16	42746

Return to Work: Word

Learn to set default margins, tabs, fonts, and font sizes, create columns, tables, and add symbols, objects, and clip art. Send an email and attach your resume to a prospective employer. After this class you will know how to mail merge, print envelopes, and create mailing labels. Build fundamental job-seeking skills in Word.

*Location: PKCC • Instructor: Doris Ford • 4 classes
No class 2/16 • \$5 lab fee per class is collected at time of registration*

*Sr-Resident \$46 / Sr Non-Resident \$55
Non-Sr Resident \$65 / Non-Sr Non-Resident \$78*

Mon	10am–12pm	Oct 6–27	42777
Mon	12:30–2:30pm	Feb 23–Mar 16	42778

Adult Special Interest



Real Estate

Home Loan Workshop (Including Refinancing)

Whether you're a First Time Home Buyer, upgrading or looking for an investment or refinancing your existing properties it's important to learn how to structure the best loan. Come get all of your questions answered and learn how to save money on interest rates, hidden fees and high closing costs.

Instructor: Kim Prater • Location: PKCC
Resident \$10 / Non-Resident \$12

Mon	7-9pm	Sept 15	42825
Mon	7-9pm	Nov 3	42826
Mon	7-9pm	Feb 2	42827

Home Sellers Workshop

Learn how to get top dollar for your home. Topics include:

Pricing • Marketing • For sale by Owner (Pros and Cons) • Cost involved: Marketing, Commissions, Taxes, Title, and Escrow etc.

Instructor: Kim Prater • Location: PKCC
Handouts included • Resident \$10 / Non-Resident \$12

Mon	7-9pm	Oct 13	42823
Mon	7-9pm	Jan 12	42824

Special Interest

Be Thinner, Healthier & Happier by Balancing Your Brain Type

This class will cover lifestyle, diet and exercise tips that help your brain type work better, so your life works better too. Learn specific strategies for balancing mood, improving your focus, losing weight and increasing your energy, all based on your brain type. Know your brain type: Amen Brain typing questionnaire will be provided during class. This class material is based on Dr. Daniel Amen's, "Change your brain, change your body" weight management and health improvement program. This introductory class lets you discover your brain type and gives an overview of Dr. Amen's brain-balancing concepts. The instructor is a therapist and ADD/life skills coach who was a staff therapist, coach and educator for the PNW Amen Clinic for over 5 years.

Instructor: Cynthia Seager • Location: PKCC
Resident \$17 / Non-Resident \$20

Mon	6:30-8:30pm	Sept 15	42866
Wed	6:30-8:30pm	Nov 5	42867
Mon	6:30-8:30pm	Mar 23	42868

Effective Stress Management: Even in Uncertain Times

Are you feeling chronically worried, tense or stressed out? Have life setbacks been wearing you down? No matter what your situation, it IS possible to reclaim greater energy, mental clarity and peace of mind. You'll learn brain & body-based stress busters that really work: tools for derailing stress, anxiety and physical tension. You'll also learn how to replace negative thoughts with more constructive ones that free up your energy and creative resources. Handouts provided

Instructor: Cynthia Seager • Location: PKCC
Resident \$17 / Non-Resident \$20

Mon	6:30-8:30pm	Oct 20	42870
Wed	6:30-8:30pm	Jan 7	42872
Mon	6:30-8:30pm	Mar 9	42873

Master Money Management, Really!

Do you struggle with keeping on top of your bills and account balances? Have trouble building savings? Don't feel financially self-confident? In this class you will learn how to start tracking and organizing your money and paperwork right away, to build the skills and awareness you need to truly be in control of your finances. It's possible to go from money overwhelm to money mastery! The instructor is a certified Financial Recovery Counselor, as well as a therapist and ADHD/Executive Skills coach.

Instructor: Cynthia Seager • Location: PKCC
Resident \$10 / Non-Resident \$12

Wed	6:30-8:30pm	Oct 22	42874
Mon	6:30-8:30pm	Dec 1	42875
Mon	6:30-8:30pm	Feb 23	42876



American Red Cross Classes

Adult and Child First Aid/ CPR/AED

Ages 14 to Adult

The Adult and Child First Aid/CPR/AED course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies to help victims of any age - adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Students who successfully complete this course will receive a certificate for Adult and Pediatric First Aid/CPR/AED valid for two years.

Text Books and Pocket Masks not included in course fee and must be purchased separately at shopstaywell.com.

6 hour course • Location: PKCC • Res. \$75 / Non-Res. \$90

Sat	Nov 1	9am-3pm	43141
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DOG TRAINING Companion Animal Solutions is excited to offer dog training for owners with a busy lifestyle.

Group Dog Training with Dogs **ALL NEW CLASSES**

If your dog doesn't do well around other dogs, sign up for private training as an alternative.

Instructor: Peggy Adams Myers • Location: PKCC
Resident \$39 / Non-Resident \$47 • **Wednesdays • 7:30–8:30pm**

Walk with Me Does your dog drag you down the street? Learn how to get your dog to focus on you and make walking with your dog enjoyable.	Oct 1	42978
Introduction to Dog Tricks Have fun learning to teach tricks to your dog. We will cover the basic principles for teaching your dog to do any trick—from the most simple to the most complex.	Nov 5	42979
Settle Down! Some of the most common behavior problems can be dealt with by teaching your dog to settle down. Learn how to get your dog to calm down and settle in one spot.	Jan 21	42986
Come When Called Does your dog think twice when they here “Come!”, or even run in the opposite direction? Learn 5 simple rules to make your dog come running when you call.	Feb 25	42987

Private One-on-One Dog Training **NEW!**

Would you and you dog benefit from a little extra time with a trainer? These one-on-one classes can be custom built to meet your training needs and goals.

Instructor: Peggy Adams Myers • Location: PKCC • Resident \$60 / Non-Resident \$72

Wed	6:30–7:25pm	Oct 1	43012
Wed	6:30–7:25pm	Oct 8	43013
Wed	7:30–8:25pm	Oct 8	43014
Wed	6:30–7:25pm	Nov 5	43015
Wed	6:30–7:25pm	Nov 12	43016
Wed	7:30–8:25pm	Nov 12	43017
Wed	6:30–7:25pm	Jan 21	43018
Wed	6:30–7:25pm	Jan 28	43019
Wed	7:30–8:25pm	Jan 28	43020
Wed	6:30–7:25pm	Feb 25	43021
Wed	6:30–7:25pm	Mar 4	43022
Wed	7:30–8:25pm	Mar 4	43023

Training Seminars without Dogs **NEW!**

For hands-on help with your dog after a seminar, sign up also for an hour of private training.

Instructor: Peggy Adams Myers • Location: PKCC
Resident \$39 / Non-Resident \$47 • **Wednesdays • 6:30–8:00pm**



Reactive Rover In this seminar, learn why dogs bark and lunge at other dogs, people, etc. when on leash. Learn to tell when your dog is getting ready to react and techniques to help stop trouble before it starts using scientific principles of canine learning.	Sept 24	43024
Understanding Dogs For decades many people have been told to be “Alpha” with their dog because wolves are constantly fighting for position in the pack. But that’s not a wolf in your living room! We’ll discuss what science knows about dogs, and why what you’ve heard about wolves doesn’t apply. We’ll explore how dogs communicate through body language and how to understand what your dog is saying. Stop living in the past and find the key to preventing and solving many behavior issues.	Oct 29	43025
Adolescent Dogs The teenage years can be challenging in dogs, too! Learn what’s happening in your adolescent dog’s development, how that affects behavior, and what to do about it. If you’re interested in adopting a dog, understand why so many dogs in shelters are between 1 and 2 years old, and why adopting an adolescent dog can be great!	Jan 14	43026
How to Raise a Puppy Do you have a new puppy or are you thinking about making that commitment? The first 16 weeks of your puppy’s life is very important! Learn about your puppy’s critical developmental periods for socialization and bite inhibition, how to develop a great relationship with your puppy so they love learning what you want, and how to prevent behavior problems.	Feb 11	43027
Don’t Leave Me Dogs who panic when left alone present a difficult challenge for owners. Separation anxiety is very treatable, but a careful regimen of behavior modification must be followed to ensure success. Learn how to deal with separation anxiety and help your dog learn that being alone isn’t the end of the world.	Mar 18	43028